



Could you help make a difference in a young person's life?

Could you spare some time to volunteer in our RE:SET Service in Dunfermline High School or Levenmouth Academy?

RE:SET - Revising Youth Mindset is a key component in Apex Scotland's delivery of effective and time appropriate services with young people experiencing difficulty in and outside of the school setting. Using the key pillars of Getting It Right For Every Child (GIRFEC) and the United Nations Convention on the Rights of the Child (UNCRC) our innovative practice supports national policies and local strategy to ensure young people have equal access to opportunities and positive experiences, regardless of their social context or personal needs. We engage with young people, often with complex needs and vulnerabilities, to help all children and young people overcome the barriers they face.

We are a part of a well established partnership with both Fife Schools. Through this partnership approach we aim to improve the life chances of disadvantaged and vulnerable young people, improve health and wellbeing (mental and physical) and reduce the need for exclusion.

This initiative is funded to work alongside the school to equip pupils with the motivation and skills required to engage in a formal learning environment; reduce exclusion; raise aspiration; tackle ingrained behaviour; attitudes; improve family relationships and increase attainment and attendance, contributing to more young people entering positive destinations when they leave school. In each of our RE:SET units we have at least one member of staff taking the lead in programme content/activities.

In short, we help people to AIM higher, BEHAVE differently and CHANGE their future

We are looking for volunteers to support the work of our RE:SET workers.

Duties will be varied as every day is different, however we envisage volunteers getting involved in group work or discussions, assisting with general duties to help support the young people, perhaps being a listening ear when they need to talk, or helping them research topics or future career opportunities? There will be a mix of one to one and group work activities, we like to be creative so there may be some arts and crafts to get involved in, or outings.

To become a volunteer, no specific experience is necessary, however an understanding of the issues faced by young people would be an advantage. If you would like to know more about RE:SET we have lots of information on our website. If you would like to apply, please complete the volunteer application form. Please tell us what you feel your involvement could add to our service i.e. do you have knowledge of certain areas you would be happy to share? What time could you commit etc. We want to hear from you!

In view of the nature of this post, the successful candidate will be required to join the PVG scheme.